ACTIVITIES IN MAKARSKA RIVIERA
& SPLIT RIVIERA

Be active and enjoy Croatia the Orvas way ...
Dear guests,

ORVAS HOTELS aims to give all its guests an authentic experience of their chosen destination.

We would like to provide you with useful information that will make it simpler to plan your trip, help you be better informed about your chosen destination and give you plenty of suggestions for how to spend your time.

ORVAS HOTELS has made special arrangements with the best firms and agencies on the Makarska Riviera & Split Riviera in order to offer its guests plenty of possibilities for a really memorable vacation!

We usually say our guests to RELAX AND ENJOY CROATIA THE ORVAS WAY, but with this program we are expanding possibilities and therefore we would like you to BE ACTIVE AND STILL ENJOY CROATIA THE ORVAS WAY...
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Our partner organizes a lot of attractive tourist programmes and excursions through the surroundings around mountain Biokovo. Hiking tours through the trial of Alberto Fortis, climbing the peaks of Biokovo, going down to a mine's hole and underground rivers, mountain bike tours, wine roads, rowing down the river in an old boat etc open us the hidden Dalmatia in all its primordial beauty. Of course, you'll find there unforgettable getting’s together in original Dalmatian ambience, strawberry, apple and grapes picking...

All that can give you an unforgettable experience of the connection of life with nature as it was before, to give you energy and take you away from your everyday life just for a while.

Fortis Trail (The trip on foot)

It is one of the most beautiful tour. The old paths, which once connected the coastal part and zagora were mostly disappeared and are alive again thanks to the great number of nature lovers and visitors od an unspoiled nature. The eternal play of stone and rare plants gives to this trip a touch of an adventure, almost identical to those, about which the Italian travel writer Alberto Fortis wrote in his book «Viaggio in Dalmazia».

Feel you too the spirit of the past time ant turn back with us to the year 1770 when Alberto Fortis was going through these paths across the mountains Biokovo and Rilić to the small settlement Kokorići where he met the duke Antun Prvan «Pržo», whose guest he was. By this opportunity, staying in the castle which is preserved until today, he wrote down one of the most beautiful ballads written in Croatian language «Hasanaginica», which has still today the same life-power and original beauty. There is an original assumption that Hasanaginica was born in the village Kokorići.

Walking through the paths of our ancestors you can feel the unspoiled nature and the smell of the aromatic plants which will make you a part of the nature, of the space you can't see in Europa. You'll meet the old trades and see the traces of the eternal fight of a man with a nature in these areas.

In Kokorići, in the tower (a birth-place) of Duke Prvan «Pržo» you'll be awaited with karst-fruits: dried figs, brandy, cheese, Dalmatian pršut (ham), goat cheese, bread (under «peka»)-everything home-made.

Lunch in the konoba (tavern) Pervan with specialities under «peka» or from the roasting-spit). Wines «Prvan» and «Bunina» etc.

Wine Trail

Coming to the Vrgorac field «Jezero» which looks like a pool. It is surrounded by the mountain passes from all sides and looks like a sea which has about 15 millions of vine stocks. Going around includes walking through plantations, getting known vine plants etc. After that we come to the place Milošići and drive with traditional wooden boats. The guests row by themselves to the place Staševica (ca 1 hour).

From Staševica drive by bus to the ethno-village Kokorići, to the tavern (konoba) and ethno-collection Prvan.

After that visiting of the underground river «Betina», the tower of Duke Antun Prvan (Pržo) and Hasanaginica, dated in 15 th century. At the end the guest get rich by home-made specialities like prsut (ham), goat cheese, lamb and bread under «peka», wines «Prvan» and «Bunina».

All our guests were delighted. Check why!
Shorter drive by bus across «Stupica» to the place «Ravče», ca 30 min walking on the Hill Krčunice to the field Kokorići. In the field visiting the spring of «Betina» which overflows this karst field every year.

Lunch in the tavern Prvan in the ethno-village Kokorići, after the lunch visiting the village and driving by bus to the field of Jezero along the spring and brook Matica (ca 20 min). After that drive by «trupica» (traditional boat - capacity 25 persons). It takes about 50 minutes and ends in Staševica near Ploče. Return to the hotels is planned for 16.00 so that the excursion can be treated as longer half-day excursion what gives the guests the opportunity to have a bath etc after the excursion.

We recommend sports equipment!

To come to Kokorići and not to taste «bikla» means not to feel the unique strength of combination of stone and life in a drink of cyclamen colour which is good for soul and body. You mustn’t miss that opportunity. The «Days of bikla» will help you to realize how small things are great and how the impossible combination of two ingredients is possible. You can find such an experience only in Kokorići.

To the honour of goat and vine plant!

What is bikla?

Bikla is an unique mixture of red wine (must) and fresh goat milk. It is typical for these areas and it was drunk in the evenings at the fire places, talking the legends. Except by interesting colour bikla is very healthy, it is actually an excellent cocktail. This drink offers you the youth and the joy of life.

Programme:
- Arrival by bus to Vrgorac about 9.00. 
- Sightseeing (Tower etc 1-2 hours)
- Departure to Kokorići
- Visit of underground river Betina
- Visit of the plantation of strawberries and vineyards
- Visit of ethno-village, collection and tower of duke Prvan
- Lunch in the tavern (konoba) ca 12.00 (degustation of bikla during the lunch)
- Going down to the field “Jezero” walking through vineyards
- Driving by old boats from Stinjevac to Lukavac (1-1.30 hours)
- Departure by bus from Lukavac at 14.15 across Baćinska jezera (lakes) to the hotels on Makarska Riviera

Visiting of Hasanaginica tower and the underground river Betina. The fruits of the Paradise-valley Kokorići. Take place in the experience and pick the sweetest strawberries in the country on the most fertile fields of the village of Kokorići. Those paradise fruits will give your mouth the feeling to be a part of that paradise garden which is surrounded by a beautiful and cruel Dalmatian karst.

Programme:
- Arrival to the plantation at 8.00, aperitif, strawberries, picking strawberries (1-2 hours), possibility of buying strawberries picked by yourself
- Visiting of ethno-village and collection
- Lunch in Kokorići in the tavern «Prvan» at 11.45, aperitif, cold hors-d’oeuvre, meat under « peka» 1/ l wine or juice per person
- 12.45 across the field Jezero and endless plantations of vineyards, coming to Stinjevac. Drive by old boats down the river Matica (ca 1,30 hour) to Lukavac. At 14.45 departure across attractive Baćinska jezera (lakes) to the hotels on the Makarska riviera

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Lunch. Kokorići - Tavern (Konoba)
«Prvan»
- Aperitif
- Hors-d’ oeuvre
- Meal under “peka”
- 1/2 l wine or juice per person
- fruits
In the price is included:
- Music
- Lunch
- Guide
- 1/2 l wine (drink)
- plantation photo
- Kokorići-tavern Prvan
- Enclosures

September - October

Wine cellar
Sightseeing
Winedegustation
Wine-production
Dalmatian pršut (ham)
Cheese
Olives

Gift-bottle (one litre per person)

Plantation of vineyards (ca 1 hour)
- Picking of grapes
- Music
- Aperitif
- Figs
- Nut
- Almond

Lunch. Kokorići- Tavern (Konoba)
«Prvan»
- Aperitif
- Hors-d’ oeuvre
- Meal under “peka”
- 1/2 l wine or juice per person
- fruits
In the price is included:
- Music
- Lunch
- Guide
- 1/2 l wine (drink)
- plantation photo
- Kokorići-tavern Prvan
- Enclosures

Apple was always been a sign of love and health. It was a gift to lovely peoples.

Description of excursion:
- Arrival to the plantation of apples in the field Rastok at 08.00
- Aperitif and fruits
- Picking of apples (1-2 hours)
- Departure by bus to ethno-village Kokorići at 10.15 where it is organized: visiting of underground river Betina, walking through plantations of strawberries, visiting of ethno village, visiting of the tower of duke Prvan and wine-shop, at 11.45 lunch in the tavern Prvan
- driving by bus through vineyards to Stinjevac
- driving by old boat to Lukavac (1-1.30 hours)
- at 14.15 return by bus from Lukavac across Baćinska lakes towards the hotels on Makarska Riviera
Imagine that you arrive at the restaurant in search of good food, and the first thing you see is a car that is identical to the one Fred Flintstone was driving in a famous cartoon.

The surprise is greater when you find out that the car made of stone and wood is drivable and has a brake and a tape recorder. There are also television, phone and Briscola cards made of stone.

The Konoba (tavern) Kremenko made in a cave. It is located in a small place named Svinišće, 7 km from Omiš.

You will be delighted by its charm, gastronomic offer and its interior decorated just like in the Prehistoric Age.

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Shiatsu massage
50' 300kn
-the therapist is using touch and pressure on certain points to stimulate the energy flow with so-called meridians while rebuilding the vitality of the body.

Hot Chocolate
70' 400kn
-the luxurious warm chocolate massage feeds and renews the skin intensively, slows down the aging process and has an excellent influence on the skin tension.

Honey Glow
70' 370kn
-the mixture of honey, balm and the Dead Sea salt has the most stimulating effect, relaxes muscles and induces blood circulation.

Sense of Asia – body
60' 350kn
-whole body massage with pindas – warm pads filled with medicinal herbs
-they relax the body in a most miraculous fashion.
-face massage with pindas – warm pads filled with medical herbs
-it provides the skin of the face with fresh and glowing appearance.

Hawaiian Lomi – Lomi massage
60' 350kn
-therapeutic massage with a gentle music and rhythmical moves of the masseur removes blockages under the skin and establishes the harmony of body and spirit.
Massages

**Hot Stone**
30’ – 200kn
60’ – 300kn
90’ – 400kn
- ancient massage with warm volcanic stones – basalt – it has therapeutic effect, relaxes muscles and improves blood circulation

**Mediterranean Experience**
60’ 370kn
The smell of basil and olive oil massage shall relax you entirely, effecting the creation of skin collagen as well.

**Horizont DeLuxe**
60’ 450kn
-the royal four-hands massage – synchronized massage of two masseurs relax every muscle of your body.

**Aromatherapy**
50’ – 280kn, 90’ – 380kn
- a massage with various aromatic oils mixed accordingly to clients specific needs whose magic smell effect all your senses

**Classical massage**
30’ -150kn , 50’ -230kn
- with well known, systematic moves of a massage the body is being purified from noxious substances, the blood stream in veins and lymphatic system is being enhanced.

**Sport massage**
20’ – 180kn, 40’ – 250kn
- enables faster and overall extraction of all undesirable or damaging consequences caused by intense physical sports activities.

**Russian manual technique**
20’ -150kn, 30’ – 200kn, 50’ – 350kn
- synthesis of different massage methods with therapeutic effect. After few sessions it relaxes all the muscle groups and improves the scale of movement in joints. It is applicable on acute conditions.

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Bali Magic

130' 750kn

- The ritual begins with a herbal bath, peeling and a foot massage.
- A whole body and face massage with herbal pindas, with warm oil, completely relaxes the body.

Hawaiian Spirit

90' 550kn

- sounds of Hawaiian music and rhythmical gestures of your therapist with hula steps, face massage with herbal pindas..
- The experience that will establish a harmony of your body and spirit.

Oriental Dream

90' 480kn

- experience the magic of Orient in this ritual..
- Exotic peeling of the entire body along with an amazing foot massage with warm volcanic stone, burning of dry sage in most pleasant atmosphere will reload you with a new fresh energy.
**Hands nurture**

Are you hiding your hands while making a contact with people? Could it be because they are dry and rough.. and your nails are bad-looking from various damaging influences? Come and give your hands a moment of tenderness because they are the mirror of your hygiene.

- **Spa manicure** 90’ 250kn
  - Manicure+Peeling+Massage+Polishing

- **Polish manicure** 60’ 150kn

- **Non polish manicure** 40’ 120kn

- **Nail polish** 30’ 50kn

- **Hands massage** 20’ 50kn

- **Hands paraffin** 15’ 50kn

**Nail treatment**
30’ 50kn
- removing of gel remaining, applying of nail nurturing creme

**Manicure + French polish**
75’ 180kn

- **French polish**
  30 70kn

**Feet nurture**

In manicure and pedicure treatments our partner offers you a variety of different shades of nail colors of OPI producers.

In a royal spa treatments they are providing services of massage, peeling and service of paraffin wrappings which will make your feet and hands unbelievably soft, nourished and, above all, fragrant.

- **Spa Pedicure**
  90’ 280kn
  - Pedicure+Peeling+Massage+Polishing

  - an exclusive treatment that turns a classic pedicure into a royal experience

- **Polish pedicure**
  60’ 180kn

- **Non-polish pedicure**
  50’ 150kn

- **French polish pedicure**
  75’ 200kn

- **Foot massage**
  20’ 100kn

- **Leg paraffin**
  15’ 50kn
Welcome to a magic sauna world that newer stops to delight its clients with a wide and rich offer
In the biggest sauna world on the Adriatic you are free to choose from:
- 3 Russian saunas
- Finish sauna
- Salt sauna
- Turkish sauna
- 3 Aromatic saunas
- Infra-red sauna
- Kneipp sauna
- Tapidarium
- Hydro-massage pool
- 2 small pools with warm water (40°C)
- 2 small pools with cold sea water
- surprise showers
- relax room

Give your self over into professional hands of our employees and find the luxury of your private peace and comfort.

**Russian sauna**
- extreme sauna
- temperature 90°C – 100°C
- humidity 30-0%
- recommended time of staying in sauna 8 – 15 minutes.
The high temperature in sauna is inducing enhanced sweating and effects purifying of organism from damaging elements, it is strengthening the heart and induces digestion but the dry climate prevents any difficulties.

**Salt sauna**
- temperature 50-60°C
- humidity 30%
- recommended time of staying in sauna 8-15 minutes
- body peeling with natural salt
The salt sauna has an exceptional effect to locomotors system and air ways. After ten-minutes warm-up commences physical and mental relaxation. The further procedure of rubbing in the natural salt opens up the pores of skin, making the circulation better and the skin is healthier, shinier and purified.

**Infra-red sauna**
- temperature 45-55°C
- humidity 35-45%
- recommended time of staying in sauna 15-20 minutes.
Considering that the warmth penetrates 40 mm underneath the skin, infra-red sauna is particularly favorable for problems with muscles, joints, back-pain, inflammations and skin conditions, such as cellulite, pimples etc. It is recommended to persons unable to withstand high temperatures and high humidity (such as persons with high blood pressure, excessive weight). It is very good for females reproductive organs.

**Finish sauna**
- temperature 80-90°C
- humidity 30 – 40%
- recommended time of staying in sauna 8-15 minutes.
The sauna treatment is strengthening the immune system and de-toksication the organism, therefore it reduces the level of stress.

**Aroma sauna**
- temperature 69-70°C / temperature 69-70°C
- humidity 30-40%
- recommended time of staying in sauna 15-20 minutes
Temperature inside of sauna induces sweating causing the loss of liquid surplus, eliminating the damaging elements from the organism, relaxing muscles.

**Turkish sauna**
- temperature 40°C
- humidity 100%
- recommended time of staying in sauna 15-20 minutes 15-20min
Steam bath is favorable for revitalizing air-ways. The water steam moistures and cleans airways, opens up spores and has the most positive de-toksicating effect.
Tepidarium
- temperature 37-40°C
This mild sauna is recommended for beginning, as preparation for warmer saunas and for the end, as you are gradually finishing sauna treatments. You are free to stay in the sauna for as long as you like.

Kneipp
The procedure of warming and cooling of feet before and after sauna. It is crucial for disappearance of final traces of weariness of your feet.

Russian experience
15’ 100kn
- a traditional ritual of sauna flogging
In Russian sauna at the temperature of 100 °C flogging with oak leaves and ice wrappings will offer you very pleasant part of Russian tradition. This will remove even smallest stress from your organism.

Hot Chocolate experience
20’ 150kn
- chocolate wrapping makes your skin soft and desirable.

Honey experience
30’ 200kn
- body peeling with honey and dead sea salt will make your skin perfectly smooth.
ORVAS HOTELS recommends the following one-day programmes:

- Evening on the top of Biokovo
- Dawn on the top of Biokovo
- Ascent to Biokovo
- Rafting along Cetina River
- Sea kayaking in Brela
- Imotski Lakes
- Mountain bike. Makarska Riviera
- Mountain bike - Biokovo
- Mountain bike - Island of Brač
- Abundance of views
- Canyoning on Cetina River
- Canoe Safari on Cetina River
- Through the villages under Biokovo
- Horse back riding - Sinj
- Hiking through Karst
- Plitvice Lakes
- Island of Brač
- Krka Waterfalls

### Evening on the top of Biokovo

**Hiking program - light hiking tour**

Transportation by mini-bus with occasionall stops for sightseeing. After sightseeing we continue to Sv. Jure - the highest seaside peak on the Mediterranean (1762 m), the second highest in Croatia. With unforgettable views we enjoy in arriving evening event, when daily light turns to red-blueish colour of evening. And the Sun, producing fiery red-orange light sets into the sea... followed with thick darkness. On our way back we enjoy in night view of the seaside settlements.

**REQUIREMENTS:** walking shoes (minimum sport shoes with hard soles), comfortable light clothes.

**Hiking:** 1 h
**Ascent:** 70 m
**Descent:** 70 m

**INCLUDED:** transportation, entrance fee to Nature Park Biokovo and guide.

**DEPARTURE:**
- 01/04 – 30/05 and 30/09 – 30/11: Tuesdays
- 30/05 – 30/09: Tuesdays

**Price:** 37 EUR

### Dawn on the top of Biokovo

**Hiking program - light hiking tour**

Transportation by mini-bus with occasionall stops on view points. After sightseeing we continue to Sv. Jure - the highest seaside peak on the Mediterranean (1762 m), the second highest in Croatia. We arrive at the top together with the Sun which rises behind Bosnian mountains. Unforgettable experience of dawn in the mountains deeply cuts into ones memmory.

**REQUIREMENTS:** walking shoes (minimum sport shoes with hard soles), comfortable light clothes.

**Hiking:** 1 h
**Ascent:** 70 m
**Descent:** 70 m

**INCLUDED:** transportation, entrance fee to Nature Park Biokovo and guide.

**DEPARTURE:**
- 01/04 – 30/05 and 30/09 – 30/11: Thursdays
- 30/05 – 30/09: Thursdays

**Price:** 37 EUR

### Ascent to Biokovo

**Hiking program - average mountaineering tour**

Transportation to village Makar (300 m). We proceed hiking to peak Vosac (1422 m). Allong all the way we have beautiful view on the most of Makarska Riviera and Dalmatian islands. From Vosac transportation to the highest peak of Biokovo (St. Jure, 1762 m) - unforgettable view on Biokovo's back side and middle part of Bosnia and Herzegovina's highlands. After lunch transportation back to Makarska.

**REQUIREMENTS:** Mountaineering shoes (minimum high sport shoes with hard soles), comfortable light clothes, sun and rain protection, and minimum 1,5 liter of drinking liquid

**Walking:** 4 hours (cca 8 km)
**Ascent:** 1,000 m
**Descent:** 1,000 m

**INCLUDED:** lunch (picnic), transportation, entrance fee to Nature Park Biokovo and guide.

**DEPARTURE:**
- 01/04 – 30/05 and 30/09 – 30/11: Thursdays
- 30/05 – 30/09: Thursdays

**Price:** 47 EUR
Transportation to start point. Short instructions about rafting techniques by skipper. Rafting downstream to Radman's mills enjoying in clear water, beautiful waterfalls, and rapids. Transportation back to Makarska.

REQUIREMENTS:
Spare light clothes (after rafting tour you will be wet), sandals or sport shoes which will be wet.

INCLUDED:
guide, transportation, instructions, skipper, rafting tour, rafting boats, life jacket, and helmet.

DEPARTURE:
01/04 – 30/05 and 30/09 – 30/11: Mondays and Fridays
30/05 – 30/09: Every day

Price: 54 EUR

Sea kayaking - in Brela

If the river is not interesting enough, croudy beaches and summer hustle are annoying, then this is the right excursion for you - sea kayak! Around 1 hour of easy paddling will take you to desolate, pebble beaches accessible only from sea. You will explore water springs, underground rivers and caves, swim in cristal clear sea. After this enjoying activities you will paddle one more hour up to the point where the mini-bus is waiting to take you back to youre residence place.

REQUIRED:
Spare clotes (after paddling you are wet), sandals or sport shoes which can be wet.

INCLUDED:
transportation, skipper, life jacket, helmet.

DEPARTURE:
01/04 – 30/05 and 30/09 – 30/11: Sundays
30/05 – 30/09: Wednesdays and Sundays

Price: 54 EUR

Imotski Lakes

Hiking program - average mountaineering tour

Transfer to vilagge Lokvicici. Continue hiking along Mamic lake and further along Knezovic lake and Galipovac lake. Along the way you can enjoy in beautiful scenery of Imotsko polje (field) and Prolosko lake. We visit lake Oci (Eyes) and famous Red and Blue lakes. After sightseeing we take lunch at a vilagge mill.

REQUIRED:
Mountaneering shoes (minimum high sport shoes with hard soles) comfortable light clothes, sun and rain protection, and minimum 1 liter of drinking liquid.

INCLUDED: transportation, lunch, guide.

DEPARTURE:
01/04 – 30/05 and 30/09 – 30/11: Saturdays
30/05 – 30/09: Sundays

Price: 54 EUR
<table>
<thead>
<tr>
<th>Mountain bike - Makarska Riviera</th>
</tr>
</thead>
<tbody>
<tr>
<td>Transportation to Brela (a village on the west end of Makarska Riviera). Biking through Brela, then along coast line passing by small hidden beaches, through Stomarica, Podrave, Sečt, Soline, Baska Voda, Promajna, Bratus, Krvavica, Makarska, park Osejava, and Tučepi to Podgora.</td>
</tr>
<tr>
<td>Trail: 30 km</td>
</tr>
<tr>
<td>Ascend: 50 m</td>
</tr>
<tr>
<td>Descend: 150 m</td>
</tr>
<tr>
<td>80% asphalt, 15% macadam, 15% hiking paths</td>
</tr>
<tr>
<td>INCLUDED: transportation, guide, bike, helmet.</td>
</tr>
<tr>
<td>DEPARTURE:</td>
</tr>
<tr>
<td>01/04 – 30/05 and 30/09 – 30/11: Mondays</td>
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<tr>
<td>30/05 – 30/09: Mondays</td>
</tr>
<tr>
<td>Price: 62 EUR</td>
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</tbody>
</table>

<table>
<thead>
<tr>
<th>Mountain bike - Biokovo</th>
</tr>
</thead>
<tbody>
<tr>
<td>Transportation by mini-bus with occasional stops on view points to Vosac. Ascend to peak Vosac - hiking (1421 m), the most beautiful view point on Biokovo from where you can see the whole Dalmatia from Split to Ploče. Return to vehicle and continue to the highest peak on Biokovo - Sv. Jure (1762 m) - the second highest peak in Croatia. After enjoying the views we ride our bikes downhill to the entrance to Nature Park Biokovo. Transportation back to Makarska.</td>
</tr>
<tr>
<td>Hiking: 30 min</td>
</tr>
<tr>
<td>Ascend by bike: 00 m</td>
</tr>
<tr>
<td>Descend by bike: 1300 m</td>
</tr>
<tr>
<td>Trail by bike: 25 km</td>
</tr>
<tr>
<td>INCLUDED: transportation, entrance fee to Nature Park Biokovo, guide, bike, helmet.</td>
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<tr>
<td>DEPARTURE:</td>
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<tr>
<td>01/04 – 30/05 and 30/09 – 30/11: Thursdays</td>
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<tr>
<td>30/05 – 30/09: Thursdays</td>
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<tr>
<td>Price: 62 EUR</td>
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<table>
<thead>
<tr>
<th>Mountain bike - Island of Brač</th>
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</thead>
<tbody>
<tr>
<td>Transportation to Makarska harbour. Then by ferry to Sumartin (Brac island) Biking to Selca - the stone town and town of stone. Continue by Gornji Humac to Vidova gora - the highest island peak of the Adriatic (778 m) with unforgettable view on famous beach Zlatni rat (Golden Cape) and surrounding islands. Return to Sumartin and by ferry to Makarska.</td>
</tr>
<tr>
<td>Trail: 70 km</td>
</tr>
<tr>
<td>Ascend: 778 m</td>
</tr>
<tr>
<td>Descend: 778 m</td>
</tr>
<tr>
<td>100% asphalt-pavement: 100%</td>
</tr>
<tr>
<td>INCLUDED: transportation, ferry, guide, bike, helmet.</td>
</tr>
<tr>
<td>DEPARTURE:</td>
</tr>
<tr>
<td>01/04 – 30/05 and 30/09 – 30/11: Wednesdays</td>
</tr>
<tr>
<td>30/05 – 30/09: Wednesdays</td>
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<tr>
<td>Price: 68 EUR</td>
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</tbody>
</table>
Hiking program - light mountaineering tour

We will drive along mountain road to Staza region (897 m) where we'll stop for sightseeing. Continue to mountain hut at Vosac region (1370 m) then hiking to the Vosac peak (1421 m) where you'll enjoy unique view on whole Dalmatia from Ploce to Split. Then we'll drive to the highest peak on Biokovo, Sv. Jure (1762 m) with it's stunning view. Return to the mountain hut where we'll have lunch.

REQUIREMENTS:
walking shoes (minimum sport shoes with hard soles), comfortable light clothes, sun and rain protection, and minimum 1 liter of drinking liquid.

Hiking: 1 h 
Ascent: 70 m 
Descent: 70 m 

INCLUDED: transportation, entrance fee to Nature Park Biokovo, lunch and guide.

DEPARTURE: 
01/04 – 30/05 and 30/09 – 30/11: Fridays 
30/05 – 30/09: Wednesdays and Fridays

Price: 47 EUR

Canyoning on Cetina River

Transportation to Zadvarje - a village north-west of Makarska. 
Short instructions about canyoning. 
Canyoning downstream through countlessness waterfalls, lakes, rapids, and tunnels, through well known Gubavica waterfall to calm waters. 

THIS ROUTE IS ARRANGED AND PREPARED FOR VISITORS WHICH DON'T NEED TO HAVE PREVIOUS EXPERIENCE IN CANYONING.

All participants have to be swimmers and in average phisical condition.

REQUIREMENTS:
Spare light clothes (after canoeing tour you will be wet), sandals or sport shoes which will get wet are obligatory - sandals are not suitable.

INCLUDED: guide, transportation, instructor, and using of neoprene-clothes, lifejacket, and helmet.

DEPARTURE: 
01/04 – 30/05 and 30/09 – 30/11: Wednesdays 
30/05 – 30/09: Wednesdays

Price: 54 EUR

Canoe Safari on Cetina River

Attractive and dynamic excursion for those who want to sail on cristal clear Cetina river. The river is, on this 9 km long part, breaking into numerous waterfalls and rapids. Smooth cliffs of narrow canyon on this part are higher than one hundred meters and the river is fast and deep. Rapids and waterfalls are of second degree difficulty and a little amount of skill is required to control the canoe.

REQUIREMENTS:
Spare light clothes (after canoing tour you will be wet), sandals or sport shoes which will be wet.

INCLUDED: guide, transportation, instructions, skipper, canoe, life jacket, and helmet.

DEPARTURE: 
01/04 – 30/05 and 30/09 – 30/11: Fridays 
30/05 – 30/09: Wednesdays and Fridays

Price: 54 EUR
**Transportation to stable near Sinj** - small town north of Split.
Getting acquainted with horses and short instructions in horse-riding. Riding along Cetina river to old water mills on small river of Grab. Picnic. Transportation to your residence.

**REQUIREMENTS:**
trousers and sport shoes.

**INCLUDED:** guide, transportation, instructor, horse and trappings, riding, and picnic.

**DEPARTURE:**
- 01/04 – 30/05 and 30/09 – 30/11: Saturdays
- 30/05 – 30/09: Saturdays

**Price:** 62 EUR

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**Through the villages under Biokovo**

Hiking program - light mountaineering tour
Transportation to village Bast - typical old Dalmatian village under steep cliffs of St. Ilija peak.
Hiking towards Smokvina spring, under the steep cliffs to village Zilb and further to Veliko Brdo. After a short rest in village, transportation to your residence.

**REQUIREMENTS:**
- walking shoes (minimum sport shoes with hard soles),
- comfortable light clothes, sun and rain protection,
- and minimum 1 liter of drinking liquid.

Walking: 4 hours (cca 12 km)
Ascent: 400 m
Descent: 200 m

**INCLUDED:** transportation and guide.

**DEPARTURE:**
- 01/04 – 30/05 and 30/09 – 30/11: Sundays
- 30/05 – 30/09: Sundays

**Price:** 35 EUR

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**Hiking through Karst**

Hiking program - average mountaineering tour
Transportation to Zivogosce. Hiking tour to Sutvid, then by saddle Krizice - the most beautiful views on the southern side of Biokovo. Descent to Duge Njive on the north side of Biokovo. Transportation to your residence.
There is possibility to organize lunch at the inn in Duge Njive. We suggest roasted lamb.

**REQUIREMENTS:**
- Mountaineering shoes (minimum high sport shoes with hard soles),
- comfortable light clothes, sun and rain protection,
- and minimum 1,5 liter of drinking liquid.

Hiking: 4,5 hours (cca: 10 km)
Ascent: 600 m
Descent: 400 m

**INCLUDED:** guide and transportation.

**DEPARTURE:**
- 01/04 – 30/05 and 30/09 – 30/11: Wednesdays
- 30/05 – 30/09: Wednesdays

**Price:** 40 EUR
Hiking program - light mountaineering tour

Transportation to Makarska harbour. Then by ferry to Sumartin (Brac isl.) and by mini-buses to village Podgazul from where we hike to Vidova Gora peak (778 m) - the highest island peak on the Adriatic with unforgettable view on famous beach Zlatni rat (Golden Cape) and surrounding islands. Hiking to Bol. Return to ferry and back to Makarska.

There is possibility to organize lunch. We suggest traditional "peka" (specialty of baked meat and potatoes).

REQUIREMENTS:
- walking shoes (minimum sport shoes with hard soles), comfortable light clothes, sun and rain protection, and minimum 1 liter of drinking liquid.
- Hiking: 4 hours (cca 6 km)
- Ascend: 700 m
- Descend: 000 m

INCLUDED: transportation, ferry, and guide.

DEPARTURE:
- 01/04 – 30/05 and 30/09 – 30/11: Wednesdays
- 30/05 – 30/09: Wednesdays

Price: 48 EUR

We drive to the entrance of National Park Krka. Continue hiking to the main phenomenon of this National park - the famous Skradinski buk - 17 amazing cascades over which Krka river is pouring into Proscansko lake. We are hiking around them, visiting old mills, etnographic collection, traditional weavers loom etc. On the way back we visit Sibenik.

REQUIREMENTS:
- Spare light clothes (after canoeing tour you will be wet), sandals or sport shoes which will be wet.
- Hiking: 2,30 h
- Ascent: 90 m
- Descent: 220 m

INCLUDED: guide, transportation, entrance fee to National park Krka.

DEPARTURE:
- 01/04 – 30/05 and 30/09 – 30/11: Fridays
- 30/05 – 30/09: Fridays

Price: 53 EUR
VIR Rafting on the Cetina river is an adventure which lasts some 3-4 hours, but is talked about and remembered for years to come (and once you support your story with unbelievable photos, your rafting adventure will be the envy of all). Many of those who are once enchanted with the beauty of the Cetina river and the adrenaline which the rafting adventure produces return to it as soon as they can find the time.

VIR rafting offers you the possibility of being picked up at the very place of your stay. The drive from Omis to the starting point in the village of Slime takes approximately 25 minutes, during which you will surely be thrilled by the enchanting view of the Cetina canyon and all the greenness surrounding it. After some 5-6 minutes’ drive you arrive at the excursion and picnic place of “Radmanove mlinice” (i.e. the Radman family mills), which will in just a few hours be the end point of our river adventure. Your drive continues along a number of hairpin-bends overlooking the beautiful green woods which occasionally reveal a glance of the Cetina river canyon. After a pleasant drive through the villages of the Omis hinterland you finally arrive at the starting point of our rafting adventure.

- At the very start our guests are welcomed by their kind hosts, offering them drinks, cake, fruit or coffee before the beginning of the adventure... After that, the guests are introduced to their skippers and photographers, and given short instructions (on the basic paddle moves, the code of conduct on the river etc.) before being assigned to their rafts.
- The first part of the rafting tour is not especially fast, but the river makes up for this with its crystal-clear water abundant in flora and fauna, as well as the exquisite beauty of the surrounding nature. This slower part of the river enables the crew to practice proper paddling movements.
- Soon afterwards you pass through two tunnels made of tree branches where the crew’s coordination and teamwork come to play.
- A little while later you reach a part of the river which is technically quite demanding, and requires strict obeying of the skipper’s orders. The skippers call this part of the river “the labyrinth”.
- After reaching a small river lake, you stop for 5-10 minutes, giving you the opportunity to take a swim and cool down in the green and blue water of the river.
- Your next stop is by a small river dam, where you can taste pure spring water.
- From that point on begins the best part of the rafting adventure, which takes a couple of kilometres downstream.
- You soon reach one of the most beautiful waterfalls on the Cetina river, the waterfall of “Studenci”, where a professional photographer will take a picture of you, which you will later be able to get on CD - together with the photos of the rest of your rafting adventure.
- Though the “Studenci” waterfall is really something worth seeing, no less impressive are the beautiful, but dangerous rapids of “Oblačnik”. At the beginning of the mentioned rapids, all tourists have to leave the rafts and cross some 50 meters of the river bank on foot.
- After reaching the cliffs from which you will again embark your rafts, you have a chance to watch your skipper shoot the rapids on his own.
- Having conquered the dangerous “Oblačnik” rapids, the skipper ties the raft to a cliff, enabling his guests to re-embark and continue their river adventure.
- Some 2-3 minutes downstream we reach two small waterfalls, and enter one of them with the raft in order to enjoy the interesting play of sunlight and shadow on the lichens under the waterfall.
- What awaits ahead are a number of interesting rapids which lead you to the place skippers refer to as point “Z”. “Z” is the place which really gets the adrenaline flowing, but it is very important to follow the skipper’s instructions here.
- After arriving at the place called “Tisne stine”, the tourists are given the opportunity to prove their jumping skills by jumping into the river from 2-5 meters high cliffs, as well as try out a genuine river “Jacuzzi”.
- Not far from here, after passing the next 5-6 rapids, you reach the place where the final scenes of the famous American western movie “Winetou” were filmed.
- And then, some 25 minutes and a few rapids downstream, you reach the end of our rafting adventure by the excursion and picnic place of Radmanove mlinice.
- You leave all your equipment (helmets, paddles, life jackets) in the raft, which you then take out of the river. After the end of our adventure, VIR rafting will of course return you to the place from which you started.
Rafts and equipment

Professional Gumotex rafts with the carrying capacity of up to 7 people are used. An experienced river guide (skipper) is assigned to each raft and responsible for the training and safety of the crew. The raft also contains a water-proof bag or boxes which can hold cameras or similar items. Each rafter also gets a paddle, a life jacket and a helmet.

Shoes and clothing

The choice of shoes and clothing depends on the season, the weather forecast and the temperature of the water. The first rule of rafting is to dress according to the temperature of water and not air – because you will surely get wet. Shorts, a t-shirt and a swimsuit are an ideal choice for this type of a pleasure trip. If the weather is cold or windy you will also get anoraks (waterproof raincoats). Tennis shoes, sports sandals or neoprene shoes are an ideal choice for rafting excursions. You should also have spare clothes and a dry towel which your hosts will bring to the end point of your rafting trip so you can change.

A camcorder or a camera

You can bring your camera at your own risk. The rafts contain waterproof boxes and bags. We do not recommend bringing your camcorders into the rafts.

During the entire adventure you are accompanied by an experienced photographer with professional equipment, who will offer you a CD with unforgettable photos of your rafting tour as soon as you reach its final point.

About skippers

The skippers’ job is to shake up their adventure- and excitement-seeking guests, to get them wet, to entertain them, and of course, safely take them down wild rivers all over the world. Apart from having skill and agility, experience, good form and quick reflexes, every skipper has to be able to assess his “crew” and determine the level of adrenalin which would satisfy their needs. All the skippers have successfully completed education and training courses for guides of adventure programs in the nature with certified instructors of the HGSS.
### Toyota Aygo A/C
- Group: A
- Aircondition: Yes
- Doors: 4
- Passengers: 5
- Engine: Benzin
- Transmission: manual
- **Starting Price:** 49 € / day

### Toyota Aygo 1.4D
- Group: B
- Aircondition: Yes
- Doors: 4
- Passengers: 5
- Engine: Diesel
- Transmission: manual
- **Starting Price:** 56 € / day

### Toyota Aygo Automatic
- Group: C
- Aircondition: Yes
- Doors: 4
- Passengers: 5
- Engine: Benzin
- Transmission: automatic
- **Starting Price:** 62 € / day
**Toyota Yaris A/C**

- Group: D
- Aircondition: Yes
- Doors: 4
- Passengers: 5
- Engine: Benzin
- Transmission: manual

**Starting Price: 65 € / day**

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**Toyota Yaris Automatic**

- Group: E
- Aircondition: Yes
- Doors: 4
- Passengers: 5
- Engine: Benzin
- Transmission: manual

**Starting Price: 72 € / day**

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**Toyota Auris**

- Group: F
- Aircondition: Yes
- Doors: 4
- Passengers: 5
- Engine: Benzin
- Transmission: automatic

**Starting Price: 90 € / day**

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**Toyota Corolla Verso**

- Group: G
- Aircondition: Yes
- Doors: 5
- Passengers: 7
- Engine: Benzin
- Transmission: manual

**Starting Price: 125 € / day**